

# ADVENTURE Journal

1

... To turn the hearts of the fathers to the children, and the disobedient to the wisdom of the just; to make ready a people prepared for the Lord. {Luke 1:17}



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# INTRODUCTION

It is with great excitement, as well as great uncertainty and trepidation, that most of us begin the adventure into building relationships. The task seems huge and daunting. However, just like any other construction project, when you have a plan, the right tools, and someone to coach you through the job, most of us are up to the challenge.

Over the next two years, this workbook will coach you in building a building which will last much longer than any house or memorial. Together, we will lay out a plan and learn to use some tools to transform our relationships... from places of fear and failure, into magnificent monuments to the glory and grace of God. Rather than embittering and dividing us, our relationships must become our primary means of passing on a living faith to future generations in an increasingly evil culture.

This workbook will provide scriptural passages and short commentaries designed to stimulate thought and discussion in father and son, or mentor and mentee. There is a minimum requirement for graduation -- the required material is noted in this Journal. However, we suggest going above and beyond what is required. For example, put your whole heart into the "Just for Fun" and "Action Plan" activities. I would encourage you to consider what needs to be invested, whether in time or in resources, to turn your relationships of today into the fond memories of tomorrow. In the resources section, we have provided a list of suggested activities -- you may use it for ideas at times, but please be creative. Also, even though it is painful for most of us, take some time to jot down memories from the month. The more you invest in these journals the more value they will have in the years ahead.

May God bless you and guide you as you continue further into this adventure of relationships.

# PART 1

## *Taking Stock*

For several years after high school, I was employed by an electrical contractor. Sometime during the winter months, while the work was slow, there came the dreaded job of taking inventory. It was a painstaking and painful process of trying to count wire nuts, rolls of wire, breakers, and weird-looking do-hickies and thing-a-ma-bobs from some discontinued who-knows-what.

In the first five Adventures of this Journal, we'd like to take a little relational inventory. These Adventures are designed to help us begin talking about and thinking through our relationships. If you are like me, then your tendency is to go through life doing what you do mostly out of habit. For example, I don't want to be a poor relator, yet for many years, I went through life without inviting others to speak into my life and being harsh in my responses. I have been learning the truth of how a soft response on my part turns away wrath... I don't need to be harsh and that I can move toward critics with love & gentleness rather than running in fear.

My prayer is that taking relational inventory is not nearly as painful for you as inventory time at work was for me. It really doesn't have to be that way. If it is (or if it is worse), then it probably gives us a clue as to its necessity. Either way, taking stock in any area is a good idea. May God bless the time you invest into your relationships in the years ahead.



# ADVENTURE

# 1

*The Father's Call to Godly Relationship*  
REQUIRED

READ 1 JOHN 3:14-24

**KEY VERSES** 14 We know that we have passed from death unto life, because we love the brethren. He that loveth not his brother abideth in death. 18 My little children, let us not love in word, neither in tongue; but in deed and in truth. 23 And this is his commandment, That we should believe on the name of his Son Jesus Christ, and love one another, as he gave us commandment. 24 And he that keepeth his commandments dwelleth in him, and he in him. And hereby we know that he abideth in us, by the Spirit which he hath given us. (See also 1 John 4, John 14&15, 1 Cor. 13, Matt. 22:37-40 etc.)

**THOUGHTS** We start by looking at relationships, not because they're important, but because they are essential. Relationship is what all of history is about. That is why God had to place the tree of the knowledge of good and evil in the Garden of Eden. Without it, Adam and Eve would've had no choice. The heart of the choice was this: do you want to be loved by God? In order to grant them the power of relationship, God not only breathed His Spirit into them, but He also gave them the ability to choose right or wrong, obedience or disobedience. It took them to a new plane. They were no longer fleshy robots. They became relational beings. God created us with relationship in mind; he longs for relationship with us. He also longs for us to long for relationship with Him and others. Make no mistake about it, our relationships with the believers around us are the most objective gauge to our relationship with God.



**EXERCISE (REQUIRED)** Work through resource below by the end of Lesson 6. Set up a plan to complete it!

**RESOURCE (REQUIRED)** *God's Will For My Body* (John Coblentz)

**THOUGHT FOR THE MONTH**  
In life, some things change, while other things are static. Relationships are both. They always change, and they always shock you.

## Consider (Week 1)

### DISCUSSION QUESTIONS

- What is the #1 thing I am looking for in our relational times together?  
\_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle

\_\_\_\_\_  
\_\_\_\_\_



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 1JOHN 3:14-18

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 1JOHN 3:14-18

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 1JOHN 3:14-18



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 1JOHN 3:14-18

*Journal & Memories* \_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
\_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

# ADVENTURE

## 2

*What Are My Strengths?*  
REQUIRED

READ ROMANS 12:1-8

**KEY VERSES** 4 For as we have many members in one body, and all members have not the same office: 5 So we, being many, are one body in Christ, and every one members one of another. 6 Having then gifts differing according to the grace that is given to us... (See also 1 Corinthians 12, 14)

**THOUGHTS** All of us, no matter how young or old, however brilliant or simple, have been given gifts by our loving heavenly Father. Sometimes, in the middle of relating to each other, and seeing each other's weaknesses, we overlook those gifts. This month, take some time to appreciate the gifts and abilities that both of you bring into relationship. It may not be easy to do at first, but it is always the loving thing to do.

**EXERCISE** In your "Just for Fun" times this month, both of you must come up with a fun activity to do, which will highlight the gifts of the other person. Who cares if you aren't evenly matched, just get out there and enjoy it!

**RESOURCE (REQUIRED)** *God's Will For My Body* (John Coblenz) -- How is this study coming?



THOUGHT FOR THE MONTH  
God created you special,  
just like everybody else.

### *Consider (Week 1)*

#### DISCUSSION QUESTIONS

- What gifts/abilities has God given me?

- Dad's question \_\_\_\_\_

- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ROMANS 12:4-6

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ROMANS 12:4-6

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ROMANS 12:4-6

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_

**REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

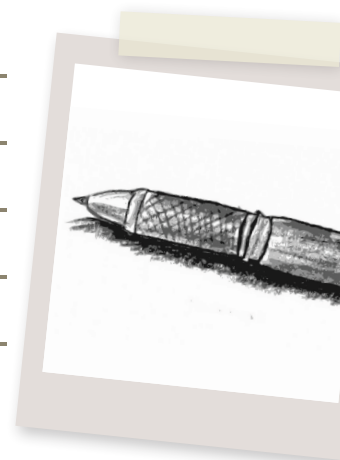
☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ROMANS 12:4-6

*Journal & Memories* \_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

\_\_\_\_\_  
\_\_\_\_\_

**REQUIRED**

# ADVENTURE

## 3

*What Are My Weaknesses?*  
REQUIRED

READ 1 CORINTHIANS 11:27 – 32

**KEY VERSES** 28 But let a man examine himself, and so let him eat of *that* bread, and drink of *that* cup. 31 For if we would judge ourselves, we should not be judged. 32 But when we are judged, we are chastened of the Lord, that we should not be condemned with the world. (See also Matthew 6 & 7)

**THOUGHTS** Examining ourselves! Ouch! Sounds about as exciting as doing do-it-yourself surgery to dig out an ingrown toenail (hey, don't laugh, I've done it). But you know what, you can hardly beat it. I've heard that we can handle more pain as long as we are controlling the cut-off point. That's what we're talking about here. These verses are simply telling us that if we are willing to take a hard, honest look at ourselves, and if we're willing to deal with the ugly things we find, the Lord may not have to chasten us on the issue. Even if he does, it'll be less difficult. Certainly there will be fewer things for which others need to confront this. Either way, as a child of God, these things have to go. So it is our choice, hard or harder. Really, it's not so bad. Remember what Hebrews 12 tells us. In my own words, none of this mess is any fun right now, but the end result will be worth all the pain.



**EXERCISE** Check it out for yourself (together). Do some research on self-inflicted pain tolerance versus other-inflicted pain tolerance. Is it really true? What about tickle tolerance?

**RESOURCE (REQUIRED)** *God's Will For My Body* (John Coblentz) - 3 more months to go. Are you at the halfway point?

### *Consider (Week 1)*

#### DISCUSSION QUESTIONS

- What do I see as my weakest areas?

• Dad's question \_\_\_\_\_

• Son's question \_\_\_\_\_

#### THOUGHT FOR THE MONTH

Our value and performance are as related as vanadium and pizza. Fail to see the connection? Exactly!

**OUR ACTION PLAN(S)** Specific practical application of this principle

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NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 1 CORINTHIANS 11:3 1-32

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 1 CORINTHIANS 11:3 1-32

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 1 CORINTHIANS 11:3 1-32



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_

JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY 1 CORINTHIANS 11:31-32

*Journal & Memories* \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

\_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

# ADVENTURE

# 4

*How Do Those Around Me See Me?*  
REQUIRED

READ GALATIANS 6:1-9

**KEY VERSES** 1 Brethren, if a man be overtaken in a fault, ye which are spiritual, restore such an one in the spirit of meekness; considering thyself, lest thou also be tempted. 2 Bear ye one another's burdens, and so fulfil the law of Christ. 3 For if a man think himself to be something, when he is nothing, he deceiveth himself. 4 But let every man prove his own work, and then shall he have rejoicing in himself alone, and not in another. 7 Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap.

**THOUGHTS** Ask others to speak deeply into your life and challenge your thinking and actions on a regular basis. It will revolutionize your life. As simple as this concept is to understand, it is amazingly difficult to do. The reason: it feels like we're dying because it deals a death blow to our pride. Most of us have felt a lot of pressure to "do it right". In the middle of someone pointing out our faults, it feels like they're trying to destroy our value, our very being. It brings us down the painful path to seeing that we are undone before God and others. Being undone in a relationship is a place of being a very needy and vulnerable. I wonder what it would be like for us if we could come to the place of knowing that we are accepted in our relationships, even amidst our shortcomings and failures?



**EXERCISE** Remember the courageous conversation questions from father/son time 3 (09)? It might be good if we'd use them more than once. They are there now if you need them.

**RESOURCE (REQUIRED)** *God's Will For My Body* (John Coblentz)

## Consider (Week 1)

### DISCUSSION QUESTIONS

- What do others see as my weakest areas?

• Dad's question \_\_\_\_\_

• Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle

### THOUGHT FOR THE MONTH

If asking others to share your blind spots with you is difficult, remember what it would've meant to you if the person who hurt you the most would've ask you to do the same.



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY GALATIANS 6:1-4

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY GALATIANS 6:1-4

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY GALATIANS 6:1-4

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_

JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY GALATIANS 6:1-4

*Journal & Memories* \_\_\_\_\_

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ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

\_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

# ADVENTURE

*The Father's View of Me*  
REQUIRED

5

CHECK OUT  
RESOURCES,  
PAGE 84

READ PSALM 139:1 – 18

**KEY VERSES** 13 For thou hast possessed my reins: thou hast covered me in my mother's womb. 14 I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well. 17 How precious also are thy thoughts unto\*\* me, O God! how great is the sum of them! 18 *If* I should count them, they are more in number than the sand: when I awake, I am still with thee. \*\* (Another translation says it this way – how precious are your thoughts concerning me)

**THOUGHTS** As we ponder this passage, the song “Oh the Deep, Deep Love of Jesus” comes to mind. This Psalm tells us again that God sees everything, and He's with us everywhere. Pitch black darkness, or bright noonday sunshine – God sees just as well in either one. He knew us, including our failures, before he ever made us. Yet still, He made us anyway. God saw us at our worst before He ever made us, yet He decided relationship with us was worth the pain we would cost Him. Alright, I'll stop. We as men can get a little squirmy when things get that mushy. But you have to admit, it's a pretty incredible thought just the same.



**EXERCISE** Just a suggestion – in one of your “just for fun” times, how about coming up with a creative way to pass that amazing love on to a needy neighbor. It could be just the two of you, or maybe you want to include the whole family.

**RESOURCE (REQUIRED)** *God's Will For My Body* (John Coblentz) - How 'bout trying to wrap this up early?

## *Consider (Week 1)*

### DISCUSSION QUESTIONS

- If God's love were to arrive in a UPS box, what would be inside? \_\_\_\_\_ Why? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle

THOUGHT FOR THE MONTH  
God had no second thoughts  
when He made you.



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 139:17-18

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 139:17-18

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 139:17-18



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_

**REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_

JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY PSALM 139:17-18

*Journal & Memories* \_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

**REQUIRED**

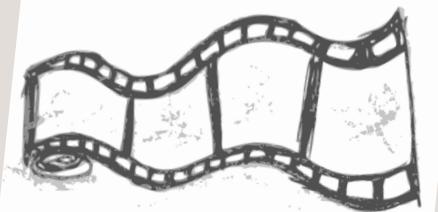
# PART 2

## *The Past*

When I first came to Fresh Start as a houseparent, I thought I was doing pretty well. And in some senses, I was. My walk with the Lord was growing and I was spending time in the Word. I had a business. My wife and I had been through counselor training. We had a desire to spread the Word. I was part of an accountability group. My private moral life was clear.

Yet, there were a number of areas in which God wanted to work. He wanted to gently expose my heart and bring me to repentance. There was a lot of pride and jealousy, and often I thought I knew best. My fear often came out in visibly harsh or angry reactions. My children and my wife felt the significant pressure and controlling spirit. It was only as I began looking at my past: taking a look at and forgiving my hurts, acknowledging and repenting of my wrong responses, and realizing that I was relating in selfish and subtly (or not-so-subtly) sinful ways. God was revealing wrong motives at times even for “good things” I was doing (Psa. 19:11-14). It is always painful when God goes to doing surgery on my heart. Yet, beyond the pain, looking at my past (and bringing my past into harmony with the Word of God) set me free to wisely use my future for God.

The Past is not a bad word, nor is it our Savior. Simply put: we are the sum total of our past, whether recent or distant. Our training, our experiences in life, but most importantly, our responses to life are the ingredients to the recipe of our lives. Someone has said that the person we’ve become is 10% what happens to us, and 90% how we responded to what happened. Our past is neither to be worshiped nor avoided. Instead, as we see in the story of Zacheus, acknowledging and dealing with our past is the natural response of a genuine encounter with Jesus Christ. (For a further discourse on the subject, read a copy of “What Do We Do With Our Past?” from our website) This next section of the Journal will lay out some steps for processing your past in godly and productive ways. I encourage you to enter it with earth-shaking courage and brutal honesty. May the power and Spirit of the Most High God be your source of strength.



# ADVENTURE

Writing My Life Story

REQUIRED

# 6

CHECK OUT  
RESOURCES,  
PAGE 86

READ 1 TIMOTHY 1:12 – 16

**KEY VERSES** 14 And the grace of our Lord was exceeding abundant with faith and love which is in Christ Jesus. 15 This *is* a faithful saying, and worthy of all acceptance, that Christ Jesus came into the world to save sinners; of whom I am chief.

**THOUGHTS** sharing our life stories with our sons is a very powerful way to build relationship. I have come to view it as a means by which we as Christians can learn from each other's pasts. A second great benefit I see in sharing our life stories, is it gives us the ability to more wisely relate to and reprove each other. Thirdly, a well thought through brief testimony can be a very powerful witnessing tool. Adventure 6 begins a new section in your Adventure Journal. The next six adventures are designed to assist you in taking a look at your past, not to get lost in it, but rather to grow from it. We will look at things like forgiveness, repentance, along with our styles of relating. Most of all, our goal is to glorify God and grow in maturity as believers. **Don't forget resource page 3 entitled "Life Story Instructions"**. Also, if you have questions about whether this is scriptural or not, go to our website and download the free PDF entitled "What Do We Do with Our Past".



**EXERCISE** Work through *God's Will for My Body*. If it isn't finished already, this is the month to do it. Wrap it up soon. Also, I would encourage you to set a date now for when you plan to share your life story.... And start writing. (Hint: if you aren't fast at writing or typing, and you use a computer, you may be interested in dictation software, such as *Dragon NaturallySpeaking*)

**RESOURCE (REQUIRED)** Life Story Instruction Sheet – Resource page 3. You may find it helpful in writing out and sharing your life story.

## THOUGHT FOR THE MONTH

Every life story I have ever heard has been unique. Yet you can rest assured, no matter where you have been, you have plenty of company (1 Corinthians 10:13).

## Consider (Week 1)

### DISCUSSION QUESTIONS

- What would it mean to you to hear what life was like from my perspective? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle

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NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY 1TIMOTHY1:14-15

*Apply (Week 2)*

JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY 1TIMOTHY1:14-15

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY 1TIMOTHY1:14-15



## *Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_

**REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_

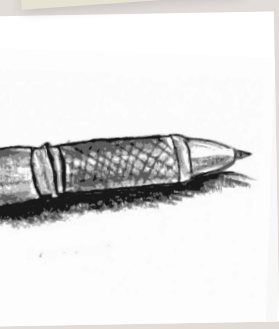
JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY 1TIMOTHY1:14-15

*Journal & Memories* \_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

**REQUIRED**

# ADVENTURE

*Forgiveness*

REQUIRED

7

CHECK OUT  
RESOURCES,  
PAGE 88

READ MATTHEW 6:9-15

**KEY VERSES** 14 For if ye forgive men their trespasses, your heavenly Father will also forgive you: 15 But if ye forgive not men their trespasses, neither will your Father forgive your trespasses. (See also Matt. 18, Mark 11:24-26, Gen. 45:1-5, Col. 3:12-13)

**Note:** In Matthew 18, nearly half the chapter is about forgiveness. Most of the rest of the chapter is about not offending little ones. It's interesting that many of us think of it as the brotherly address chapter.

**THOUGHTS** Forgiveness is a big and difficult subject. Attempting to summarize it in one paragraph is similar to trying to summarize the Bible in one short chapter. One thing we must understand, is that forgiveness, just like sanctification and repentance, is a process. When we forgive, it does not mean we forget. Rather, it means that we are choosing to live out forgiveness on a daily basis. It means we are choosing to pay the price (physical, financial, emotional etc.) of another's actions against us. It also means that we put ourselves in the position of being willing to be hurt again\*\*. We do not need to be a doormat, and there are times to confront. To summarize it all, we are to simply follow Jesus Christ's example – overcoming evil with good (Romans 12:18-21). \*\* (with the exception of children in abuse cases—scripturally & legally we are bound to take precautions).



**EXERCISE** Take some time to look over and fill out the forgiveness worksheets in the resource section. Keep them close by as you write out your life story. Would it be wise to find a brother to help you identify the feelings and pray through the incidents?

**RESOURCE (REQUIRED)** See the worksheets dealing with forgiveness in the Resources section.

THOUGHT FOR THE MONTH  
Forgiveness doesn't set the  
other person free, it sets me  
free.

## Consider (Week 1)

### DISCUSSION QUESTIONS

- I struggle with bitterness (circle one):  
*Not at all* 1 2 3 4 5 6 7 8 9 10 *Extreme*
- How do others see me? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY MATTHEW 6:14-15

*Apply (Week 2)*

JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY MATTHEW 6:14-15

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY MATTHEW 6:14-15

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_

**REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

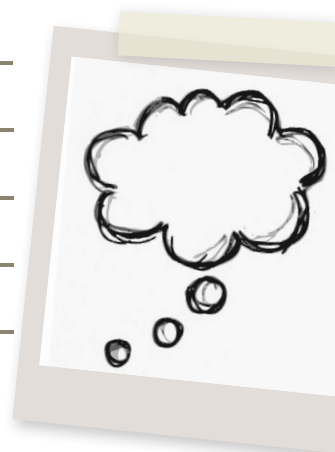
JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

WEEKLY GOAL \_\_\_\_\_

BIBLE MEMORY MATTHEW 6:14-15

*Journal & Memories* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

\_\_\_\_\_  
\_\_\_\_\_

**REQUIRED**

# ADVENTURE 8

3 R's of Freedom –

Responsibility, Repentance, Restitution

REQUIRED

READ MATTHEW 5:23-26

**KEY VERSES** 23 Therefore if thou bring thy gift to the altar, and there rememberest that thy brother hath ought against thee; 24 Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother, and then come and offer thy gift.

*James 5:16* Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much. *Proverbs 28:13* He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy. (See also 1Luke 19:1-10.)

**THOUGHTS** Last month, we began to look at forgiveness. However, true freedom can never be obtained only through forgiveness. True freedom, only comes through the 3Rs of Freedom: **Responsibility** – We must stop blaming others and take responsibility for my own wrong responses. Responsibility demands brutal honesty. **Repentance** – As we begin to see our own responsibility and guilt before God and others, we begin to make repentance a part of our daily lives. How long has it been since we have shed tears, not over how we've been hurt or in anger, but over how we have heard God and others. **Restitution** – As repentance drives us to our knees in godly sorrow over how we have wounded others, the natural response, for us as Christians, will be a desire for restitution (II Corinthians 7:9 – 11). This is a difficult journey. One incident where I had to make restitution, produce some scary pictures in my mind – I could see my wife and children visiting me at prison. But God was gracious, and I didn't serve any time. Now I am free with nothing to hide and nothing to lose. The cost was definitely worth the end result.



**EXERCISE** Are there any people with whom you need to make restitution? Why not make a phone call today to set up a time where you can speak to them to make things right? Any restitution should be done face-to-face if possible. If not, do it over the phone. Avoid letters.

**RESOURCE** Take a look at the worksheet entitled “My Wrong Responses to Offenses” in the Resources section.

THOUGHT FOR THE MONTH  
Freedom always comes at a price; but the price of freedom is nothing compared to the price of slavery.

Consider (Week 1)

DISCUSSION QUESTIONS

- With whom do I need to make things right? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

OUR ACTION PLAN(S) Specific practical application of this principle



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY MATTHEW 5:23-24

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY MATTHEW 5:23-24

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY MATTHEW 5:23-24



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_

**REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY MATTHEW 5:23-24

*Journal & Memories* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

**REQUIRED**

# ADVENTURE

# 9

*Understanding My Hidden Belief Systems*

REQUIRED

READ HEBREWS 4:12 – 16, JEREMIAH 17:7 – 10

**KEY VERSES** For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. Jer 17:9 The heart is deceitful above all things, and desperately wicked: who can know it? Jer 17:10 I the LORD search the heart, I try the reins, even to give every man according to his ways, and according to the fruit of his doings. (See also Jer. 17:7-10, Mar\_7:21-22; Heb\_3:12; Jam.1:14-15, Pro.16:2, 21:2)

**THOUGHTS** Our heart is so tricky! Have you ever wondered whether you've deceived yourself? I have. It's a scary thought, because someone who is deceived believes that they believe the truth. The Scriptures tell us that every man's way is right in his own eyes (Proverbs 16:2, 21:2). The good news is that the Scripture also lays out clear instructions on how to expose the depths of our heart and our hidden belief systems. We must humble ourselves before God and others, asking them to show us our blind spots. It really is quite interesting. As we relate to people, many times they will inadvertently tell us things about themselves. Consider the following statements: "I made a dumb mistake" or "I can't teach" or "I'll never let them do it again". I'm not saying we should try to avoid making these statements. Rather, when we hear ourselves or others making statements such as these, we need to ask the question "Where is this coming from?". The things we don't intend to say indicate much about what we believe. On the other hand, a person may say they believe the truths of God's word, yet their actions don't mirror that belief. We've all heard the old adage – "Actions speak louder than words". The principle behind the adage is this: A person's actions always tell us more about what they believe, than does their mouth. Today, let's begin asking God to reveal the deep areas in our heart that need renovation.



**EXERCISE** In boxes 4 & 5, on the sheet entitled "Understanding Our Hidden Belief Systems" – Resource Section, identify some of the lies you have believed about yourself, and any subtle vows you have made. The easiest way to do that, is to take a look at our wrong actions and ask what they say about our belief system.

**RESOURCE** Understanding Our Hidden Belief Systems – Resource Section

*Consider (Week 1)*

## DISCUSSION QUESTIONS

- What does my most recent failure indicate about my beliefs? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle

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THOUGHT FOR THE MONTH  
Believe what you like about  
yourself; often, others believe  
what they *don't* like about us.



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY HEBREWS 4:12

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY HEBREWS 4:12

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY HEBREWS 4:12

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
 \_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
 \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY HEBREWS 4:12

*Journal & Memories* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
 \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

# ADVENTURE

*Understanding My Styles of Relating*

REQUIRED



## READ PSALM 19

**KEY VERSES** 7 The law of the LORD is perfect, converting the soul: the testimony of the LORD is sure, making wise the simple. 8 The statutes of the LORD are right, rejoicing the heart: the commandment of the LORD is pure, enlightening the eyes. 9 The fear of the LORD is clean, enduring for ever: the judgments of the LORD are true and righteous altogether. 10 More to be desired are they than gold, yea, than much fine gold: sweeter also than honey and the honeycomb. 11 Moreover by them is thy servant warned: and in keeping of them there is great reward. 12 **Who can understand his errors? cleanse thou me from secret faults.** 13 Keep back thy servant also from presumptuous sins; let them not have dominion over me: then shall I be upright, and I shall be innocent from the great transgression.

**THOUGHTS** : I asked a coworker one time “What is it like to relate to me?” He said “Great, about 95% of the time.” You know how much time we spent talking about the 5%? I have tended to bulldoze people. But it hasn’t always been that way. At one point, after some significant hurts and changes, there was a section of my life where I clammed up and was very withdrawn. Prior to that, during most of my growing up years, I tended to be a clown, trying hard to win people’s approval and getting them to like me. Recently, God has been exposing another style of relating in my life – the pattern of putting intense amounts of pressure on my children. Usually, we tend to adopt styles of relating that seem to work for us, either in avoiding pain or finding pleasure. If we have never looked at how we relate to others, it is likely that our style of relating is wounding others in some way. However, I have some very good news for you. Our styles of relating are not static – they can be changed.



**EXERCISE** Keep on working on that life story! Will you hit your target share date? / In box 6 on the worksheet entitled “Understanding Our Hidden Beliefs Systems”, identify some of your styles of relating.

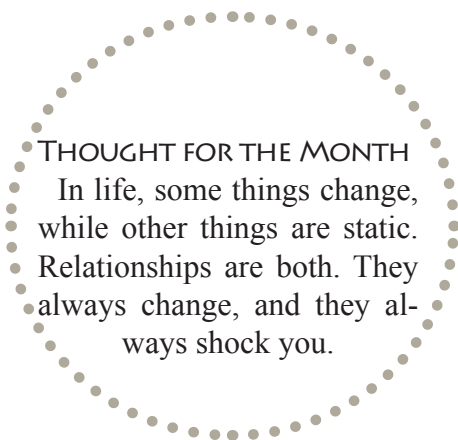
**RESOURCE** Understanding Our Hidden Belief Systems – Resource Section

### *Consider (Week 1)*

#### DISCUSSION QUESTIONS

- What is the hardest part about relating to me? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle



#### THOUGHT FOR THE MONTH

In life, some things change, while other things are static. Relationships are both. They always change, and they always shock you.



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 19:7-13

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 19:7-13

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 19:7-13



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_

**REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 19:7-13

*Journal & Memories* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

**REQUIRED**

# ADVENTURE

*Understanding My View of the Father*

REQUIRED

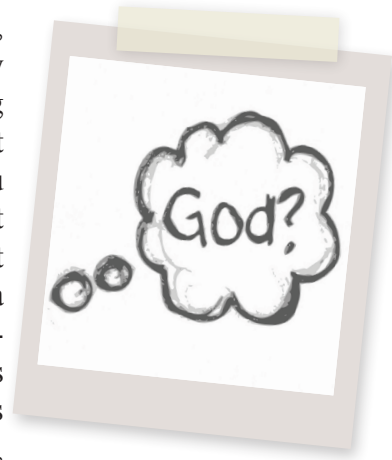


READ JOB 42:1 – 5

**KEY VERSES** Verses 5 I have heard of thee by the hearing of the ear: but now mine eye seeth thee. 6 Wherefore I abhor myself, and repent in dust and ashes.

(See also 1 John 4, John 14&15, 1 Cor. 13, Matt. 22:37-40 etc.)

**THOUGHTS** : For obvious reasons, a person's view of their earthly father usually gives you some good clues about their view of their Heavenly Father. Often however, when I asked churchgoing people to describe God, they can usually rattle off a good many of God's wonderful attributes. In reality, most of those same people do not do well in living out their intellectual view of God. Often, it is a person's hidden warped view of God that prevents them from living out their correct intellectual view of Him. Allow me to give you a common example of a hidden belief about God. Many of us struggle with trusting God at times. Why is that? I have heard many answers to that question over the years. Usually, it boils down to our uncertainty about whether God really is who He says He is. Usually, as a basis for our subtle uncertainty or unbelief, our mind travels back to incidents where it appeared like God didn't live up to His description. **Remember:** A person's actions always tell us more about what they believe, than does their mouth. If I am not trusting God, it points to a subtle bitterness / wrong belief about Him. Go ahead, wrestled deeply. Just like Job, you'll find God is who he says he is, and it will bring you to a deeper level of repentance.



**EXERCISE** If you have not shared it already, it is time to share your life story. Brew some coffee, stoke the fire, pull out the box of tissues... And prepared to see your relationships flourish. / Indicate some of your wrong beliefs about God on the worksheet "Understanding Our Hidden Belief Systems"

**RESOURCE** Understanding Our Hidden Belief Systems – Resource Section / My View of God worksheet – Resource Section

## THOUGHT FOR THE MONTH

The God we serve is the same God that had you on his mind while he spoke the stars into existence.

## Consider (Week 1)

### DISCUSSION QUESTIONS

- At what point in my life did I most doubt God's character? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JOB 42:5-6

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JOB 42:5-6

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JOB 42:5-6

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
 \_\_\_\_\_

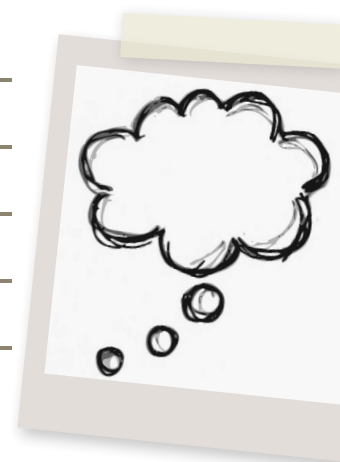
☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
 \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 1JOHN JOB 42:5-6

*Journal & Memories* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
 \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

# PART 3

## *The Present*

At this moment, it is 11:30 P.M. I am up late, working feverishly (due in part to procrastination) on this Adventure Journal. What are you doing right now? Well, now, that's a dumb question isn't it? "I'm reading this workbook, obviously" you're thinking. Ok, let me explain. In a broader sense, what are you doing presently in your relationships, especially with those close to you?

Many of us go weeks, months, or even longer without really asking ourselves "What am I doing in my relationships?" .... let alone asking the question to those who may answer it in painful ways. I can assure you, I am in the thick of things with the principles covered in this section, along with the rest of you. It is a constant learning curve. That is how it will be... always. If we quit learning in our relationships, our relationships are on their deathbeds. Over the next few months, we'd like to take evaluate what we actually do in our relationships. We will review some of the tools we covered nearly a year ago in the first Moriah weekend. By the way, how are we doing in applying those tools: Clearing Time, Courageous Conversations, Love Languages, Life Purpose Plans, etc. In Part 3, we will tackle one of the scariest and most difficult barriers in building relationships, the way I relate to you right now. Yet, beyond the risks, there are huge rewards... it is the doorway to deep and meaningful relationship, not only with fellow man, but with God as well. Go ahead...open the door. You'll survive, I did. In fact you'll do more than survive, you'll find life (Matt.16:25).



# ADVENTURE

*My Relationship with the Father*

REQUIRED

12

READ ROMANS 8:12 – 22

**KEY VERSES** 114 For as many as are led by the Spirit of God, they are the sons of God. 15 For ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father. 16 The Spirit itself beareth witness with our spirit, that we are the children of God: (see also: Hebrews 12:1 – 17)

**THOUGHTS** What is your relationship like with your father (earthly and heavenly)? With your heavenly father, have you treated him as a relational being or as a theological concept? In regards to your earthly father: have you treated him the way you would like your children to treat you? To what extent have you taken time to really try to get to know your father, and his heart for you. Even in the worst of situations, we as fathers usually do think the world of our children and we want them to succeed. There are many fathers who do well. Sometimes however, we do pretty poorly in communicating our feelings and trying to help our children to succeed. Sometimes in our guidance of our children, we are more concerned about ourselves and about them (Heb. 12:10). Sometimes, we as sons have just been blatantly self-centered and lazy. All of this mess in our earthly relationships can sometimes leave our heavenly Father with a bad rap. Yet this doesn't change anything.

Our heavenly Father longs for us to allow him to be our Papa, one who holds us when we are hurting. He longs for us to see that His chastening is for our good out of His heart of love. Our heavenly Father is a relational being.

**EXERCISE** Spend some time talking with God as you would a friend; ask him to speak to you. Remember, He has spoken to you through His Word, and He is speaking to you in relationship through His Spirit (Phil.2:1, 1 Jn.1).

**RESOURCE** *The Bible; Knowing God* (JI Packer); *Knowledge of the Holy* (A.W. Tozer); (note: this resource is available for free download on our website)



THOUGHT FOR THE MONTH  
The Bible says God is love.  
It also says God is holy.  
So, which best describes  
God? Holy love, or loving  
holiness?

*Consider (Week 1)*

## DISCUSSION QUESTIONS

- If my view of God were perfect, what would change in my relationship with Him (be specific)? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ROMANS 8:14-16

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ROMANS 8:14-16

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ROMANS 8:14-16

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
 \_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
 \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ROMANS 8:14-16

*Journal & Memories* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
 \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

# ADVENTURE

*Openness & Honesty versus Fear & Deception*

REQUIRED

13

## READ PSALM 51

**KEY VERSES** 3 For I acknowledge my transgressions: and my sin is ever before me. 4 Against thee, thee only, have I sinned, and done this evil in thy sight: that thou mightest be justified when thou speakest, and be clear when thou judgest. 5 Behold, I was shapen in iniquity; and in sin did my mother conceive me. 6 Behold, thou desirest truth in the inward parts: and in the hidden part thou shalt make me to know wisdom. 7 Purge me with hyssop, and I shall be clean: wash me, and I shall be whiter than snow.



**THOUGHTS** Last month, we considered our relationship with our lovingly-holy heavenly Father. The more completely we experience the reality of who God is, the more honest and broken we become (Romans 14:11). The honesty we are looking for is the honesty that results from experiencing our loving and holy heavenly Father. The opposite of that honesty is deception. The Scripture tells us that Satan is the father of all lies (deception). Living in deception brings us into alliance with the enemy. Deception is our attempt to hide who we've been from God and others. In Psalm 51, David records his sorrow over his sin with Bathsheba. Rather than killing God's messenger, Nathan, David fell to his knees in grief over his sin. David had already killed one person over this ordeal, and as a warrior and King, it would have been nothing for him to add a second one. It would only have taken a word or two, or a flick of his thumb. Maybe this is why the Bible says that David was a man after God's own heart. He wasn't perfect – he was honest and repentant. What do we do with God's messengers? We too, can make the choice to be men after God's own heart.

**EXERCISE** Find someone with whom God is calling you to be honest, sit down, and obey.

### *Consider (Week 1)*

#### DISCUSSION QUESTIONS

- Who has God sent as a messenger to me ? \_\_\_\_\_  
What have I done with them? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

THOUGHT FOR THE MONTH  
Honesty is always... I mean  
ALWAYS, the best policy.  
The only alternative is witch-  
craft.

**OUR ACTION PLAN(S)** Specific practical application of this principle



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 5 1:3-7

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 5 1:3-7

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 5 1:3-7



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_

**REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 51:3-7

*Journal & Memories* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

**REQUIRED**

# ADVENTURE

## Identifying Conflict

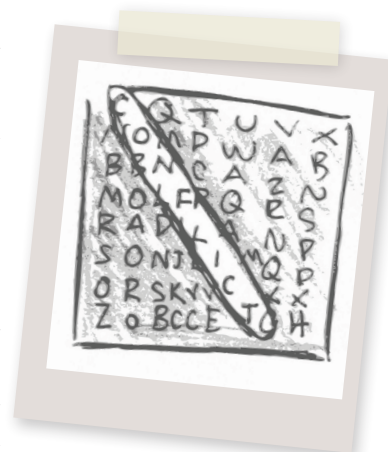
REQUIRED

# 14

READ JAMES 3:8 – 18

**KEY VERSES** 14 But if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth. 15 This wisdom descendeth not from above, but is earthly, sensual, devilish. 16 For where envying and strife is, there is confusion and every evil work. 17 But the wisdom that is from above is first pure, then peaceable, gentle, and easy to be intreated, full of mercy and good fruits, without partiality, and without hypocrisy. 18 And the fruit of righteousness is sown in peace of them that make peace.

**THOUGHTS** God has good plans for us. One of those plans is to bring annoying people into our lives, to help conform us to the image of Christ. God is not as interested in our happiness, as He is our holiness. So, in order for us to be holy, He orchestrates our lives so that we have to relate to people who expose our ugliness. I have found that the people with whom I conflict the most are usually people who remind me of one of two things: who I am, or who I'm not (sometimes a combination of both). There have been times when I've been at odds with people, and God pointed out to me that in many ways I was just like them. Other times, I saw in others what I wanted to be (and knew I wasn't), and I became jealous. James has some hard words for acting like this – he says it's earthly, sensual, and devilish. Remember though, conflict is not the problem. Any relationship completely free of conflict is an ungodly relationship, because it means someone is not being real. Conflict is one of God's primary tools in making us more Christ-like. We should embrace both the conflict and those with whom we conflict. We can learn to work things out...together.



**EXERCISE** This month while wrestling through conflict, take some time out for ice cream.

**RESOURCE** *Getting along with People God's Way* (John Coblentz); *One Anothering* (Simon Schrock)

### Consider (Week 1)

#### DISCUSSION QUESTIONS

- Who has been the most difficult person for me to get along with? \_\_\_\_\_ Why? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle

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# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JAMES 3:14-18

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JAMES 3:14-18

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JAMES 3:14-18

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
 \_\_\_\_\_

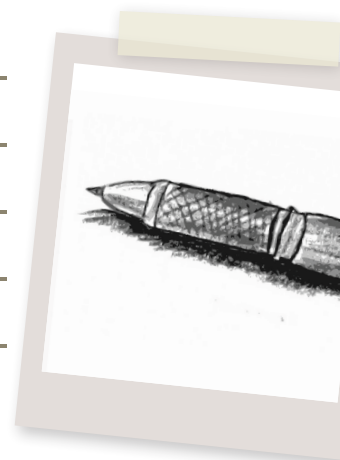
☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
 \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JAMES 3:14-18

*Journal & Memories* \_\_\_\_\_  
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ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
 \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

# ADVENTURE

*Inviting Input*

REQUIRED

# 15

READ PROVERBS 9:1 – 12

**KEY VERSES** 8 Reprove not a scorner, lest he hate thee: rebuke a wise man, and he will love thee. 9 Give instruction to a wise man, and he will be yet wiser: teach a just man, and he will increase in learning. 10 The fear of the LORD is the beginning of wisdom: and the knowledge of the holy is understanding. 11 For by me thy days shall be multiplied, and the years of thy life shall be increased. 12 If thou be wise, thou shalt be wise for thyself: but if thou scornest, thou alone shalt bear it.

**THOUGHTS** We all know that inviting input for our blind spots is not something we do just for fun. Hopefully, by now we are also growing to see it as a friend rather than a foe. Proverbs gives us a pretty clear indicator of how to identify a wise man – just watch how he responds to those who reprove and rebuke him. Sure, it doesn't really feel nice, but it works wonders on our pride. I have also discovered that it usually isn't as bad as what I feared. It is thrilling to watch people move toward relationship, realizing that we don't need to be so terrified of each other. We have been subtly trained that relationship is something to be feared, because you're going to get hurt there. The late Dave Hostetler has said "You get hurt in relationships, but you also get healed in relationships". My prayer is that as we invest our heart and soul into our relationships, that the fear will be driven back. 1 John 4 tells us that perfect love casts out fear because fear has torment. May we experience our relationships to be places of healing and perfect love even in the midst of conflict and reproof.

**EXERCISE** You've done this before. Find someone with whom you have had conflict recently, and invite them to share with you.

**RESOURCE** The Holy Spirit

*Consider (Week 1)*

## DISCUSSION QUESTIONS

- What do I fear the most about some asking someone to share my blind spots with me? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**THOUGHT FOR THE MONTH**  
Unless we live a lifestyle mirroring this month's exercise, Jesus said that we are no better than the publicans (Matthew 5:46 – 6:5).

**OUR ACTION PLAN(S)** Specific practical application of this principle



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PROVERBS 9:8-12

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PROVERBS 9:8-12

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PROVERBS 9:8-12



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PROVERBS 9:8-12

*Journal & Memories* \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
\_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

# ADVENTURE

*Resolving Conflict – Courageous Conversations*

REQUIRED

16

READ JAMES 4:1 – 10

**KEY VERSES** 5 Do ye think that the scripture saith in vain, The spirit that dwelleth in us lusteth to envy? 6 But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble. 7 Submit yourselves therefore to God. Resist the devil, and he will flee from you. 8 Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded. 9 Be afflicted, and mourn, and weep: let your laughter be turned to mourning, and your joy to heaviness. 10 Humble yourselves in the sight of the Lord, and he shall lift you up.



**THOUGHTS** By now, Courageous Conversations are not a new tool in our relational toolbox. However, we are choosing to highlight this tool once again simply to remind us to use this tool on an ongoing basis. If you have never completed the Courageous Conversation from the Moriah Weekend nearly a year and a half ago, you could try to finish. Or you may need to simply start over again. If you have never watched the video, or listened to the audio CD about Courageous Conversations, I believe you would enjoy it. God calls us as men and boys out of passivity and avoidance into active relationship. He calls us to be sensitive and proactive in our relationships. When we see we have blown it, make the first move with humility. If we can sense a wall is up between us and someone we love, why not sit down with them and have a Courageous Conversation? We have nothing good to lose, and everything good to gain.

**EXERCISE** Think of some way to serve an individual with whom you have had conflict. One other detail, it must be a top-secret mission.

**RESOURCE** Courageous Conversations (Chris Hogan) – Resources Section; there is also a Courageous Conversation video available for those who may be interested.

## *Consider (Week 1)*

### DISCUSSION QUESTIONS

- How have I seen you grow over the past year? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

### THOUGHT FOR THE MONTH

When you pray, remember, you are praying to the one who is able to do “exceedingly, abundantly above all we can ask or think”(Ephesians 3:20). Ask Him for something unbelievable this month.

**OUR ACTION PLAN(S)** Specific practical application of this principle



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JAMES 4:5-10

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JAMES 4:5-10

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JAMES 4:5-10

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
 \_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
 \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JAMES 4:5-10

*Journal & Memories* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
 \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

# ADVENTURE

*Resolving Conflict – Circle Up*

REQUIRED



READ COLOSSIANS 3:9-17

**KEY VERSES** 12 Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; 13 Forbearing one another, and forgiving one another, if any man have a quarrel against any: even as Christ forgave you, so also do ye. 14 And above all these things put on charity, which is the bond of perfectness. 15 And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful.



**THOUGHTS** We may or may not have introduced you to the idea of Circle-Up Sessions at the first Moriah Weekend. It is an idea borrowed and adapted from the wilderness boy's camp setting. When we are doing something together as a group, and someone's attitude begins going south, it is time to take action. We simply call a halt to what we're doing, find a place to get comfortable, and start discussing what each one was sensing from the situation. We must make it a safe place for children to open up and be honest with us, and with each other. The goal of this time is to help our children learn relational problem solving skills. Remember to keep the principles in mind that you have learned thus far. Remember too, a wise question will get you much further than a brilliant argument. If you are looking for a fast food fix to your relationship woes, this is not the answer.

**EXERCISE** Look for a time this month, to have a courageous conversation as a family. I will forewarn you, such opportunities and convenience rarely go together. But hey, being late on occasion for something like this is well worth it.

**RESOURCE** *Wilderness Road* (Campbell Loughmiller)

## *Consider (Week 1)*

### DISCUSSION QUESTIONS

- What is the #1 thing I am looking for in our relational times together?
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

### THOUGHT FOR THE MONTH

If we could trade some of the time consciousness of our Western culture for the relationship consciousness of other cultures, would we do it?

**OUR ACTION PLAN(S)** Specific practical application of this principle

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NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY COLOSSIANS 3:12-15

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY COLOSSIANS 3:12-15

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY COLOSSIANS 3:12-15



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY COLOSSIANS 3:12-15

*Journal & Memories* \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)

\_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

# ADVENTURE

*Clearing Time*

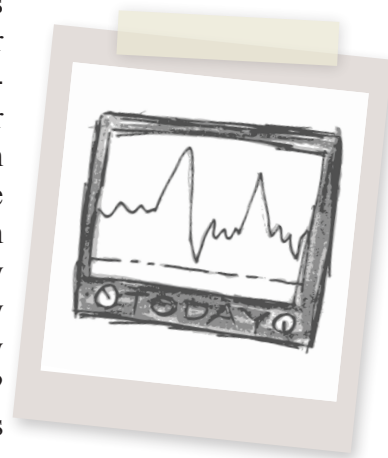
REQUIRED

# 18

READ PSALM 26:1 – 12

**KEY VERSES** 3 For thy lovingkindness is before mine eyes: and I have walked in thy truth. 4 I have not sat with vain persons, neither will I go in with dissemblers. 5 I have hated the congregation of evil doers; and will not sit with the wicked. 6 I will wash mine hands in innocency: so will I compass thine altar, O LORD:

**THOUGHTS** For over a quarter of a century now, Fresh Start Training Center has been utilizing a tool they call “Clearing Time” every evening before they hit the sack for the night. We introduced this tool to you back at the first Moriah Weekend. Just wondering, how has it been going? In case you’re a little foggy, here’s what it looks like at our house. After reading the Bible or a Bible story, we go around the circle and give each person a chance to share something, good or bad (or both), about their day. When we are finished sharing, we usually close with the words “I’m clear”. For our family, it has been a powerful tool in helping our children learn to evaluate their days, confess where they did wrong, ask for forgiveness, and keep clear consciences. Sometimes we share mostly positive things, and other times it seems like there are a lot of things to make right. How about your family? Would this be a practical way to reinforce the teachings in Psalm 26? As I read over the key verses, I felt like adding an “I’m clear” at the end. It just seems like it would fit.



**EXERCISE** Do something extra special in your Just For Fun Time this month.

**RESOURCE** Your notes from timeslot 5 of the first Moriah Weekend. By the way, we’re looking forward to seeing you six months from now. We hope it will work out. Some powerful forward thinking tools await. So do the zip lines.

## *Consider (Week 1)*

### DISCUSSION QUESTIONS

- Is your answer to the discussion question from Adventure 1 being fulfilled? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

### THOUGHT FOR THE MONTH

If our hindsight is 2020, and our foresight is so poor, it seems we may be better off using our hindsight to look at the past, in order to know where to step in the future.

**OUR ACTION PLAN(S)** Specific practical application of this principle



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 26:3-6

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 26:3-6

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
 \_\_\_\_\_

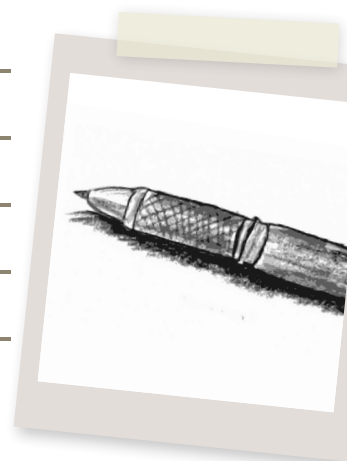
☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
 \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY PSALM 26:3-6

*Journal & Memories* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
 \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

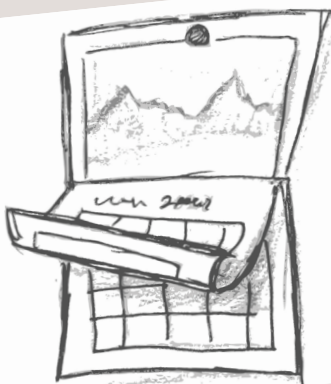


# PART 4

## *The Future*

As a boy, I recall a time in my life when there was never a word that brought more terror to my heart than these two words – the future. In 1988, when I was 8 years old, I recall hearing about the book 88 Reasons Why The Rapture Will Occur In 1988. While I knew intellectually that the Bible says that no man knows the “day nor hour”, I was still nearly paralyzed with fear. You see, there were things in my past that I knew needed to be confessed for me to be right with the Lord. I faced some significant turmoil the days of September 11-13. Yet it was only after I was willing to make those things right several years later, that my future began to be one of hope and possibility.

In preparation for the 2nd Moriah weekend and the rest of life, Part 4 of this Adventure Journal will give opportunity to invest some time considering the future. I am appealing to both fathers and sons, mentors and mentees, -- set your sights high. With God’s leading and His help, we can achieve great things for the kingdom of God. The future is what all of life is about. Let’s plan today so that our future becomes a past which brings joy in the present.



# ADVENTURE

*My Identity As a Son*

REQUIRED

19

CHECK OUT  
RESOURCES,  
PAGE 90

READ MATTHEW 17:1 – 5

**KEY VERSES** 5 While he yet spake, behold, a bright cloud overshadowed them: and behold a voice out of the cloud, which said, This is my beloved Son, in whom I am well pleased; hear ye him.

**THOUGHTS** Who are you? Have you ever had anyone ask you that question? When it has happened to you, how have you answered? The times I have witnessed or experienced this question, there's usually an awkward silence, followed by a brief description on what a man does for a living. Men, is that really who we are? Have you ever wondered how your father would describe you when you're not around? Would he even bother to describe you? In our reading today, God the father announced to those standing around, for no explainable reason, "This is my beloved son, in whom I am well pleased; hear ye him." What would that do for you as a son to hear your dad introducing you to his friends in that way? It sends goosebumps across my arms thinking about it. Even more so, imagine our heavenly Father introducing us in such a way. Yet, so often I have settled for introducing myself as a counselor, or a landscaper, or an electrician (all occupations I have done). I'm so much more than that. I'm a father nurturing gifts from an almighty God. I am an ambassador bringing a message of salvation to a dying kingdom. I am a son adopted by a loving Abba, Father. I am an heir to the kingdom, and a joint heir with Jesus Christ. And I am a future recipient of eternal life. Hallelujah! Brothers, that is who we are as sons of God!



**EXERCISE** Find at least one person each week throughout the month to whom you can give a tract and share the gospel. Exercise your ambassadorship.

**RESOURCE** When I Became a Christian – Resources

## *Consider (Week 1)*

### DISCUSSION QUESTIONS

- What would it do to hear my father introducing me the way the heavenly Father introduced his son? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle

THOUGHT FOR THE MONTH  
Who I am is not dependent on  
what I do. What I do results from  
who I am.



# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY MATTHEW 17:5

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY MATTHEW 17:5

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY MATTHEW 17:5

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
 \_\_\_\_\_

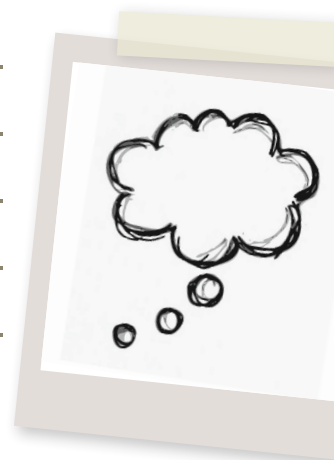
☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
 \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY MATTHEW 17:5

*Journal & Memories* \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
 \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

# ADVENTURE

*The Father's Plans for Me*

REQUIRED



READ JEREMIAH 29:4 – 14

**KEY VERSES** 11 For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end. 12 Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. 13 And ye shall seek me, and find me, when ye shall search for me with all your heart. 14 And I will be found of you, saith the LORD: and I will turn away your captivity, and I will gather you from all the nations, and from all the places whither I have driven you, saith the LORD; and I will bring you again into the place whence I caused you to be carried away captive.



**THOUGHTS** What are God's plans for my life? What a big question. I wonder if it's not too big. God knows the thoughts he thinks toward us, says the King James. Other versions put it this way – "I know the plans I have for you". As a child of God, you can rest assured that God does have a work for you to do. Someone has said that life is what happens while we're sitting around waiting for life to start. I wonder if God's will is a little bit like that. Often, we sit around waiting for that "big" call of God on our lives. Yet, at the same time, we are missing the many "little" calls which He has already given us. In other words, the real call of God on our lives usually consists of us doing our best in the many little and insignificant responsibilities we carry on a regular basis. However, if you are already doing the small things well and you sense there is something more, my hunch is you already have an idea what God is calling you to do and you are trying to muster the faith to move ahead. I would encourage you just to join Peter and leap out of the boat.

**EXERCISE** Take several 3 x 5 cards, write the question "What does God want me to do right now?" on each one, and place them at spots where you will see them.

**RESOURCE** Redeeming the Time (DVD, by Rick Grubbs)

## *Consider (Week 1)*

### DISCUSSION QUESTIONS

- What task I have been putting off, that I know God's me to do? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

**OUR ACTION PLAN(S)** Specific practical application of this principle

\_\_\_\_\_



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JEREMIAH 29:11-14

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JEREMIAH 29:11-14

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JEREMIAH 29:11-14



## FATHER/SON ADVENTURE JOURNAL 1

### *Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JEREMIAH 29:11-14

*Journal & Memories* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
\_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

# ADVENTURE

*Developing My Strengths*

REQUIRED



READ COLOSSIANS 1:1 – 14

**KEY VERSES** 9 For this cause we also, since the day we heard it, do not cease to pray for you, and to desire that ye might be filled with the knowledge of his will in all wisdom and spiritual understanding; 10 That ye might walk worthy of the Lord unto all pleasing, being fruitful in every good work, and increasing in the knowledge of God; 11 Strengthened with all might, according to his glorious power, unto all patience and longsuffering with joyfulness; 12 Giving thanks unto the Father, which hath made us meet to be partakers of the inheritance of the saints in light:

**THOUGHTS** So, how do I develop my strengths? Well, whether you realize it or not, over the past two years, we've already been doing most of what needs to be happening in order to develop our strengths. We've been reading and memorizing the Scripture. We've been confessing and repenting of sin. We've been building relationship, and inviting input and accountability. We've begun developing a life plan (by the way, how has that life plan been coming), and have found a mentor to assist us in being what God has called us to be. Our lives have become more purposeful and meaningful. There's one more aspect, which we have not emphasized much to this point. That one aspect is our prayer life. Paul is saying in the verses above, that from the time he heard of the Colossians love for Christ, he didn't quit praying for them. That is powerful. Can we say that about our children, or about our brothers around us? All the other things we have done to this point are important, so keep up the good work. But don't neglect the most essential ingredient in developing our strengths – the ingredient of prayer.



**EXERCISE** Consider getting the men and boys together for an evening of prayer, or a night of prayer. There are some very helpful resources to make these evenings meaningful. I can tell you one thing, our enemy trembles at the thought. Also, consider spending some time praying together as a father and son.

**RESOURCE** <http://www.globalprn.com/prayer-resources/> -- here's an interesting link providing a number of valuable resources to organizing a night of prayer. / *Power In Prayer* (book, E.M.Bounds)

THOUGHT FOR THE MONTH  
E.M. Bounds said: (Paraphrased) Of much greater importance than the work of talking to men about God, is the work of talking to God about men.

## *Consider (Week 1)*

### DISCUSSION QUESTIONS

- How much extra personal time would I be willing to commit to prayer in the coming month? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

OUR ACTION PLAN(S) Specific practical application of this principle

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# FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY COLOSSIANS 1:9-12

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY COLOSSIANS 1:9-12

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY COLOSSIANS 1:9-12

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY COLOSSIANS 1:9-12

*Journal & Memories* \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
\_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

# ADVENTURE

*Dealing with My Weaknesses*

REQUIRED



READ 2 CORINTHIANS 12:1 – 10

**KEY VERSES** 8 For this thing I besought the Lord thrice, that it might depart from me. 9 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me. 10 Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in distresses for Christ's sake: for when I am weak, then am I strong. (See also: James 1:19 – 21, 1 John 1)



**THOUGHTS** Previously, we have addressed our weaknesses as something to deal with and get rid of. While it is true that we always fight against sin, sometimes as with Paul's thorn in the flesh, God allows things into our lives which keep us somewhat feeble. When has been the last time since you have rejoiced and been excited about your own shortcomings. Even as I write this, it feels rather strange to me. I don't think I have done well with this aspect of personal failure. But the Bible does say (Romans 8:28) that God uses all things to work together for the good of those who love Him. So now, we can rejoice with Paul in our infirmities, because sometimes, they are the very things God uses to manifest his power to a watching and waiting world.

**EXERCISE** This coming month, as you pick yourself up from another misstep, try pulling aside by yourself for a while and having a little praise session. I might emphasize doing it by yourself, because there's no telling what someone will do if they hear you praising God for your failure or infirmity.

**RESOURCE** *IF* (book, Amy Carmichael), a free download is available from our website.

## *Consider (Week 1)*

### DISCUSSION QUESTIONS

- What changes have you seen in my life over the past 21 months? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

THOUGHT FOR THE MONTH  
Thank God for your weaknesses. They keep you relying on the Lord and dependent on your brothers.

**OUR ACTION PLAN(S)** Specific practical application of this principle



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 2CORINTHIANS12:8-10

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 2CORINTHIANS12:8-10

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 2CORINTHIANS12:8-10



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY 2CORINTHIANS 12:8-10

*Journal & Memories* \_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
\_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

# ADVENTURE

*What Is The Father Calling Me To?*

REQUIRED

23

READ ISAIAH 41:8 – 20

**KEY VERSES** 8 But thou, Israel, art my servant, Jacob whom I have chosen, the seed of Abraham my friend. 9 Thou whom I have taken from the ends of the earth, and called thee from the chief men thereof, and said unto thee, Thou art my servant; I have chosen thee, and not cast thee away. 10 Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.



**THOUGHTS** God is calling us to reach out to people. He's calling us to get involved in the business of bringing wayward sheep back to His fold. Yes, we may need to have a secondary occupation, but make no mistake, it is secondary. Or, at least it should be. Yet, as a disciple of Christ, we receive the same call as did his disciples – "Follow me, and I will make you fishers of men". Do you and I receive that call with reluctance? We shouldn't. To do so exemplifies within us the same spirit as that of the rich young ruler. It is our privilege to be called to realign our priorities with the coming kingdom of Almighty God. Let's be ready, because his coming is drawing near. Let's use what God has given us to bringing great return to His kingdom.

**EXERCISE** Take a walk together sometime this month. You don't need to talk, just take in the beauty of God's creation, and rest in His presence. Have some fellowship. You may also want to have a talk with your mentor, and see what steps you need to take next to continue reaching your objectives.

**RESOURCE** Pull out your PAD Plan – Part A & B-- look over it. Are we headed in right direction? Or, do we need some course correction?

*Consider (Week 1)*

## DISCUSSION QUESTIONS

- What is one thing you would like to say to me this month? \_\_\_\_\_
- Dad's question \_\_\_\_\_
- Son's question \_\_\_\_\_

THOUGHT FOR THE MONTH  
Faith is the victory that over-  
comes the world.

**OUR ACTION PLAN(S)** Specific practical application of this principle



## FATHER/SON ADVENTURE JOURNAL 1

MONTH \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ISAIAH 41:8-10

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ISAIAH 41:8-10

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ISAIAH 41:8-10

*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
 \_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
 \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

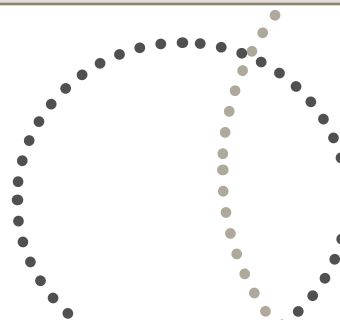
☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY ISAIAH 41:8-10

*Journal & Memories* \_\_\_\_\_  
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 \_\_\_\_\_  
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ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
 \_\_\_\_\_  
 \_\_\_\_\_ **REQUIRED**



# ADVENTURE

"Give Me This Mountain"

REQUIRED

24

READ JOSHUA 14:7 – 13

**KEY VERSES** 11 As yet I am as strong this day as I was in the day that Moses sent me: as my strength was then, even so is my strength now, for war, both to go out, and to come in. 12 Now therefore give me this mountain, whereof the LORD spake in that day; for thou heardest in that day how the Anakims were there, and that the cities were great and fenced: if so be the LORD will be with me, then I shall be able to drive them out, as the LORD said.



**THOUGHTS** Over the past two years, we have climbed some big mountains. We've taken some risks in relationships. Likely, we're beginning to see some of the fruit of our labors. We probably aren't finished killing all of the giants. We may have more fallow ground to plow and plant. Our greatest life calling may still be ahead of us. Pluck up your courage and ask for the mountain. It's time to kill the rest of the giants, take the fortress, and secure the land. We are in a war. Let's remember who is on our team, and who we are fighting against. Let's move into battle positions, and set ourselves in array against the enemy. Remember David's cry of faith as he went out against the Philistines – "The battle is not ours, but the Lord's".

**EXERCISE** Pack your bags and trim the flab. It's time to get ready for another Moriah Weekend. Remember, cell phones aren't needed.

**RESOURCE** Bring along your Adventure Journal, As Well as your notebook from the first Moriah Weekend. We'd love to hear some testimonies from the past two years.

## Consider (Week 1)

### DISCUSSION QUESTIONS

- What most exciting for me about a second Moriah Weekend? \_\_\_\_\_  
\_\_\_\_\_  
Dad's question \_\_\_\_\_  
\_\_\_\_\_  
Son's question \_\_\_\_\_  
\_\_\_\_\_

### OUR ACTION PLAN(S) Specific practical application of this principle

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THOUGHT FOR THE MONTH  
The mountains we tackle indicate  
size of our faith, not the size of  
our God.



NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JOSHUA 14:1 1-12

*Apply (Week 2)*

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_

☐ Yes, I am putting EFFORT into the Action Plan!

**REQUIRED**

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JOSHUA 14:1 1-12

*Reevaluate (Week 3)*

How are we doing with our Action Plan? POOR 1 2 3 4 5 6 7 EXCELLENT

**REQUIRED**

How have I done well? \_\_\_\_\_

Where could I improve? \_\_\_\_\_

What changes do we need to make? \_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JOSHUA 14:1 1-12



*Solidify (Weeks 4 - 5)*

What has God been speaking to me? \_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**

In the few days I have left in this month, I want to work on \_\_\_\_\_  
\_\_\_\_\_

☐ JUST FOR FUN & RELATIONSHIP \_\_\_\_\_  
\_\_\_\_\_

NEXT TIME TOGETHER Date \_\_\_\_\_ Time \_\_\_\_\_ (Subject to Change)

☐ WEEKLY GOAL \_\_\_\_\_

☐ BIBLE MEMORY JOSHUA 14:11-12

*Journal & Memories* \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



ARE WE UP TO SPEED ON OUR RELATIONSHIP? Yes ☐ No ☐ (If No, describe below)  
\_\_\_\_\_  
\_\_\_\_\_ **REQUIRED**



# RESOURCES

# CREATIVITY

## *Jumpstarts*

We have included a list of possible activities and action plans. This list is not to be followed rigidly. It is here to give you a few ideas and get your wheels turning. Taylor the activities and plans to meet your preferences or goals. Please try to be creative and original.

### ACTION PLAN IDEAS

Lesson 1. See if you can find one person to invite to church

Lesson 2. Make a list of the other persons strengths, and try to give at least one sincere complement each week. ( what about for the rest of the family?)

Lesson 3. Make a list of your own weaknesses, ask others if there are any you missed, and then give them a practical way they can remind you when they see you failing.

Lesson 4. Consider choosing one person to reach out to this week – with the Gospel, a helping hand, or some kind words.

Lesson 5. In your devotional time each day, think of a simple question you can ask someone to learn to know them a little bit better.

Lesson 6. Try to share your testimony with one person each week. D.L. Moody wouldn't go to bed unless he did so each day.

Lesson 7. This month, take a look at how you are responding to other people. Does it look like forgiveness? If not, go clear things up with that person.

Lesson 8. This month, in light of the 3R's, count how many times you shift the blame, either in your actions or in your own mind. Ask others to help if you if you need to do so.

Lesson 9. Our actions are born out of our beliefs. This month, take some of your wrong actions, and invite others to help you understand what that action says about what you believe.

### JUST FOR FUN & RELATIONSHIP IDEAS

Kick-the-can at night with the family

Get a potato gun kit (or instructions), assemble it, and use it. :o)

Have a campfire in your backyard (regulations permitting), share stories, roast marshmallows.

Story time with Dad

Hobby Night – do one of your favorite activities

Weed a neighbors flower bed

Snowball or water balloon fight

Wiffle ball

Frisbee golf or football

## MORE ACTION PLAN IDEAS

Lesson 10. Think about an activity or relational time that means a lot the people around you (if you don't know, ask them). Then, see how many times you can squeeze it into your schedule.

Lesson 11. If your Grandpa is still alive, write him a letter telling him your appreciation of the good qualities in his life (if not, do it with an older godly man whom you admire). Then ask him to share his memories of his dad and grandfather with you.

Lesson 12. This month, do the same as you did last month, only.... Do it with your dad.

Lesson 13. Consider getting your group of fathers and sons together for an afternoon of rappelling... face those fears.

Lesson 14. Identify the toughest relationship in your life at this point in time. Then list 1 simple thing you can do each week to invest in that relationship. No correction or disrespect allowed in this activity.

Lesson 15. Ask everyone in your family for at least one area they would like to see you work on. Then work on those areas with gusto.

Lesson 16. This month, plan a time to sit down with that individual and have a courageous conversation with them. It may be one-sided; you can't ask them to ask you the questions.

Lesson 17. Wow, these last few months have been heavy. Plan a fun or funny activity to do together as a family (i.e. popcorn and story time, etc).

Lesson 18. How are we doing with evening Clearing Time. If you are doing it, consider changing the format or content around a little and get out of any ruts. If you have not been doing it, why not do it for a month and see how it goes.

Lesson 19. When someone asks for your ID, use it as a reminder to share your real identity with them.

Lesson 20. Remember the Life Purpose Worksheets (page 26 of the Moriah Weekend Workbook)? What is the next step that

## JUST FOR FUN & RELATIONSHIP IDEAS

Go for ice cream

Go help at a homeless shelter

The book Backyard Ballistics has some cool ideas for these times.

Visit Grandpa and ask him questions about when he was a boy.

## MORE ACTION PLAN IDEAS

needs to happen for yours? Now, you know what to do this month? If you still don't know, ask someone. Better yet, ask the Lord every day for at least 1 hour.

Lesson 21. Identify the strengths of the people around you... then tell them what you identified as their strengths. It must be sincere and kind.

Lesson 22. One way to strengthen your physical weaknesses would be to rent canoes and do a canoe trip. A call to Moriah would get some pretty reasonable rates if you mention it is a Moriah activity.

Lesson 23. This month, if you know of one thing you could do that would really bless your father,... Do it. If not, why not ask him?

Lesson 24. Back to your Life Purpose Sheet... How's it going? What's next?

## Who I Am In Christ

### *Biblical Truths to "Practice Believing"*

#### I AM GOD'S...

- possession Genesis 17:8/ 1Cor 6:20
- child John 1:12
- workmanship Ephesians 2:10
- friend James 2:23
- temple 1 Cor 3:16/ 6:16
- vessel 2 Timothy 2:2
- co-laborer 1 Timothy 5:18
- witness Acts 1:8
- soldier 2 Timothy 2:3
- ambassador 2 Cor 5:20
- building 1 Cor 3:9
- husbandry 1 Cor 3:9
- minister/instrument Acts 26:16 / 1 Tim 4:6
- chosen Ephesians 1:4
- beloved Romans 1:7/ 2 Thess 2:13
- precious jewel Malachi 3:17
- heritage 1 Peter 5:3

#### I HAVE BEEN...

- redeemed by the blood Rev 5:9
- set free from sin /condemnation Rom 8:1-2
- set free from Satan's control Col 1:13
- set free from Satan's kingdom Eph 2
- chosen before foundation of world Eph 1:4
- predestined to be like Jesus Ephesians 1:11
- forgiven of all my trespasses Col 2:13
- washed in the blood of the Lamb Rev 1:5
- given a sound mind 2 Timothy 1:7
- given the Holy Spirit 2 Cor 1:22
- adopted into God's family Romans 8:15
- justified freely by his grace Romans 3:24
- given all things pertaining to life 2 Pet 1:3
- given great and precious promises 2 Pet 1:4
- given ministry of reconciliation 2 Cor 1:22
- authority over the power of enemy Lk 10:19
- access to God Ephesians 3:12
- been given wisdom Ephesians 1:8

#### I AM...

- complete in him Colossians 2:10
- free forever from sin's power Romans 6:14
- sanctified 1 Cor 6:11
- meet for the Master's use 2 Timothy 2:21
- loved eternally 1 Peter 1:5 /
- eternally kept in the palm of his hand Jn 10:29
- kept from falling Jude 1:24
- kept by the power of God 1 Peter 1:5
- not condemned Romans 8:1-2
- one with the Lord 1 Cor 6:17
- on my way to heaven John 14:6
- quickened by his mighty power Eph 2:1
- seated in heavenly places Eph 1:3
- the head and not the tail Deut 28:13

- light in the darkness Matthew 5:14
- candle in a dark place Matthew 5:15
- city set on a hill Matthew 5:14
- salt of the earth Matthew 5:13
- his sheep Ps 23 / Psalms 100:3/ John 10:14
- a citizen of heaven 1 Peter 2:11
- hidden with Christ in God Psalms 32:7
- protected from the evil one 1 John 5:18
- kept by the power of God 1 Peter 1:5
- secure in Christ Jn 10:28-29
- set on a Rock Psalms 40:2
- more-than-a-conqueror Romans 8:37
- born again 1 Peter 1:23
- a victor 1 John 5:4
- healed by his strips Is 53:6
- covered by blood of Jesus Rev 12:11, 1 Pet 1:19
- sheltered under his wing Psalms 91:4
- hidden in secret place of the Almighty Ps 91:1

#### I HAVE...

- access to the Father Romans 5:2
- a home in heaven waiting for me Jn 14:1-2
- all things in Christ 2 Cor 5:17
- a living hope 1 Peter 1:3
- an anchor to my soul Hebrews 6:19
- a hope that is sure and steadfast Heb 6:19
- authority to tread on serpents Luke 10:19
- power to witness Acts 1:8
- the tongue of the learned Isaiah 50:4
- the mind of Christ 1 Cor 2:16
- boldness and access Hebrews 10:19
- peace with God Romans 5:1
- faith as a grain of mustard seed Luke 17:6

#### I CAN...

- do all things through Christ Philp 4:13
- find mercy and grace to help Heb 4:16
- come boldly to the throne of grace Heb 4:16
- quench all the fiery darts Eph 6:16
- tread on the serpent Luke 10:19
- declare liberty to captives Isaiah 61:1
- pray always and everywhere Luke 21:36
- chase a thousand Joshua 23:10
- defeat (overcome) the enemy Rev 12:11
- tread Satan under foot Rom 16:20

#### I CANNOT...

- be separated from God's love Rom 8:35-39
- be moved Psalms 16:8
- be taken out of my Father's hand John 10:29
- be charged or accused Romans 8:33
- be condemned 1 Cor 11:32

## *The Benefit of Using This List*

Satan is a liar and the father of it. He deceives the nations and deceives Christians into thinking his lies are true. He is the accuser of the brethren, who accuses us before the throne of God.

Zechariah 3 depicts the scene before the throne of God where the saint stands in tattered garments and Satan at his right hand making incessant accusations against him. The Lord steps in by commanding the angel of the Lord to clothe him in new garments clean and white, to put on him a turban. And the Lord declared:

*"I have caused your iniquity to pass from you, and I will clothe you with change of raiment."*

The Revelation of Jesus Christ declares (Revelation 3:5, Revelation 3:18, Revelation 4:4) that the saints are clothed in white raiment that the shame of their nakedness does not appear.

- Revelation 3:5 He that overcometh, the same shall be clothed in [white raiment](#); and I will not blot out his name out of the book of life, but I will confess his name before my Father, and before his angels.
- Revelation 3:18 I counsel thee to buy of me gold tried in the fire, that thou mayest be rich; and [white raiment](#), that thou mayest be clothed, and *that* the shame of thy nakedness do not appear; and anoint thine eyes with eyesalve, that thou mayest see.
- Revelation 4:4 And round about the throne *were* four and twenty seats: and upon the seats I saw four and twenty elders sitting, clothed in [white raiment](#); and they had on their heads crowns of gold.

Revelation 12:10 declares that *"the accuser of our brothers is cast down, who accused them before the throne day and night."*

Romans 8 is even more emphatic when it says, *"Who shall lay anything to the charge of God's elect? It is God that justifies. Who is he that condemns? It is Christ who died, rose again, and sits at the right hand of God making intercession for us."*

Too often believers believe the lies and accusations of the enemy. They either are ignorant of what God has said or they willingly disbelieve it based on their "feelings." We do not need to feel anything! God's truth is God's truth. *"Let God be true and every man a liar."* (Romans 3:4 )

We need to learn who we are in Christ and confess the same out loud. I am what God says I am regardless of how I feel about myself. My feelings cannot change the absolute truth of God's word. We need to see ourselves in the light of God's word. Once we have heard and seen God's truth we are to RECKON it to be so. *"Likewise [reckon](#) ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord."* – Romans 6:11 The word reckon is "logizomai" in Greek, which means to calculate, count it up, logically sum it up as so. Sum up what God says as true and leave the rest.

# LIFE STORY WORKSHEET

## *Life Story Purpose:*

- To learn see God's hand at work through the past events of our lives.
- To learn to treasure the godly gifts we've been given by other people around us.
- To see areas where we have been bitter toward other people, and forgive.
- To confess our faults and shortcomings to other people and to God, and make restitution where needed.
- To use past situations to understand my wrong responses to pain and my sinful styles of relating.
- To learn to use my story as a way to disciple others in the paths of godliness.

*Stage I : The Data-Gathering Stage* - during this stage, simply start jotting down any memories you have. Begin organizing them in chronological order as you can.

- Memories prior to school - houses you lived in, birthdays, pain/fear incidents, etc.
- School years memories - teachers, friends, teasing, discipline, failures/successes, etc.
- Turbulent teen years – relationships with parents, authorities, opposite gender, etc.
- Married years (if applicable) – the story of how you met and married, the purity or lack thereof in courtship, any losses or conflicts in marriage
- Please be honest about any personal struggles - i.e. sexual sin, anger problems, etc.

*Stage II: The Data Development Stage* - the goal of this stage is to go past the surface to the heart

- The goal of this stage is to take the information you already have, and develop it further.
- Here are some questions to help you do that:
- What sinful desires or actions does this incident exposed in my heart?
- How did I respond outwardly?
- How did this incident/relationship make me feel inside?
- How did this incident/relationship impact the way I chose to relate?
- How did this incident/relationship affect my view of God?

*Stage III: The Data-Sharing Stage* - this stage involves two steps

- Step 1: Refine the data -- go back over and edit the life story; rewrite it if you used paper
- Step 2: share the story with several close friends or with your family, or both

# FORGIVING *my* OFFENDERS

*Walking out of My Prison of Pain through Forgiveness*

List the ways / incidents in which \_\_\_\_\_ has wounded you, and how it impacted you. Please try to separate their actions from your sins, emotions, and reactions. They are not responsible for your actions, and you are not responsible for theirs.

1.

2.

3.

4.

5.

6.

Lord, I choose to forgive \_\_\_\_\_ for wounding me in/by \_\_\_\_\_, causing me to feel \_\_\_\_\_. I choose to forgive \_\_\_\_\_, and I choose to pay the price of their actions through forgiveness, just as you forgave me. I ask you to bring healing to my heart and give me a love for \_\_\_\_\_.

# MY RESPONSES *to* OFFENSES

*Ways You Sin Back to One Who Offends You*

List the way that \_\_\_\_\_ has offended you...

---

1.

2.

3.

4.

5.

6.

Lord, I was wrong in my response of \_\_\_\_\_, to \_\_\_\_\_, and also to You God. Would You forgive me? I choose to love \_\_\_\_\_ as I would want You, God, to love me. I take back the ground given to Satan through my evil reactions and yield that ground to the control of the Lord Jesus Christ.

# GUIDELINES *for* HAVING a COURAGEOUS CONVERSATION

BY CHRIS HOGAN  
NOBLECALL.ORG

## SPEAKER

- Speak the truth in love.
- Provide a safe environment for listening.
- State the facts you are basing your feelings on instead of making your feelings the facts.
- Allow the listener to summarize the meaning of your statements.
- Clarify the statement until the listener has understood the message to your satisfaction.

## LISTENER

- Listen to the speaker's perspective.
- Show respect by staying in the conversation.
- Do not complain, explain, or blame.
- Restate the meaning of the message to the speaker's satisfaction.
- Gain wisdom and develop understanding to establish relationships of trust, and use knowledge to resolve issues.

## COURAGEOUS CONVERSATION QUESTIONS

### *Pressing Issue*

1. What is your most pressing issue?
2. What I hear you saying is... in addition to this, is there something else?

### *Painful Consequences*

3. How is this affecting you? Others?
4. What will the future be like if nothing changes?

### *Personal Responsibility*

5. What do you see as my responsibility for this issue?
6. What do you see as your responsibility for this issue?

### *Noble Calling*

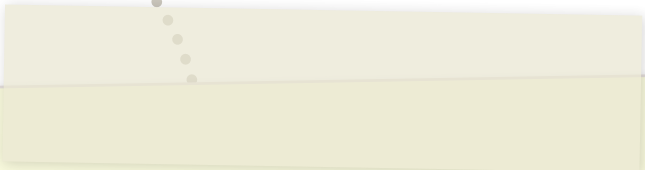
7. What does the preferable future look like to you?
8. What is the most powerful thing we can agree to ask God to do?

### *Noble Plans & Deeds*

9. Based on the above, what is the one thing we cannot fail to do?
10. What practical steps do we need to take to make this happen?

## When I became a Christian...

|                                                |                          |                                                  |                    |
|------------------------------------------------|--------------------------|--------------------------------------------------|--------------------|
| I am in Christ.....                            | I Corinthians 1:30       | I am an heir of God, joint heir with Jesus ..... | Romans 8:17        |
| I am his workmanship .....                     | Iphesians 2:8 – 10       | I'm delivered from powers of darkness .....      | Colossians 1:13    |
| I am partaker of his divine nature .....       | I Peter 1:4              | I'm kept safe wherever I go .....                | Psalms 91:11       |
| I am crucified with Christ .....               | Galatians 2:20           | I'm dead with Christ .....                       | Colossians 3:3     |
| I am in the body of Christ .....               | I Corinthians 12:12 – 14 | I'm buried with Christ .....                     | Colossians 2:11    |
| I am forgiven .....                            | Colossians 1:13 – 14     | I am risen with Christ .....                     | Colossians 2:13    |
| I am clean .....                               | I Corinthians 6:11       | I am a child of God .....                        | Ephesians 1:5      |
| I am sure .....                                | I Peter 1:22             | I have eternal life .....                        | I John 5:11 – 12   |
| I am holy .....                                | Hebrews 3:1              | I am and overcomer .....                         | I John 4:4         |
| I am a saint .....                             | Colossians 1:12          | I am a branch of the true vine .....             | John 15:1 – 5      |
| I'm born again .....                           | I Peter 1:23             | I am washed .....                                | I Corinthians 6:11 |
| I am saved .....                               | Ephesians 2:8            | I'm casting all my cares on Jesus .....          | I Peter 5:7        |
| I am the light of the world .....              | Matthew 5:14             | I am complete in Christ .....                    | Colossians 2:9     |
| I am his sheep and he is my shepherd .....     | Psalms 23:1              | I have authority over the enemy .....            | Luke 10:19         |
| I am my beloved and he is mine .....           | Song of Solomon 6:3      | I am the salt of the earth .....                 | Matthew 5:13       |
| I am sanctified .....                          | I Corinthians 6:11       | I have eternal life .....                        | John 3:36          |
| I am justified .....                           | Romans 5:1               | I'm in Christ and Christ in me .....             | John 14:20         |
| I am healed by his stripes .....               | I Peter 2:24             | I have peace .....                               | John 14:27         |
| I am an overcomer by the blood .....           | Revelation 2: 11         | I am loved by Jesus .....                        | John 15:9          |
| I'm getting all my needs met by Jesus .....    | Philippians 4:19         | I'm loved by the father .....                    | John 16:27         |
| I am daily overcoming the devil .....          | I John 4:4               | I have the full joy of Jesus .....               | John 17:13         |
| I am walking by faith, not by sight .....      | I Corinthians 5:7        | I am protected from the evil one .....           | John 17:15         |
| I am being transformed by a renewed mind ..... | Romans 12:1 – 2          | I have forgiveness of sins to Christ .....       | Acts 13:38         |



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